SOLITUDE LEMBEH RESORT

## Welcome to Tembaga Restaurant

We believe the dining experience is one of the most crucial aspects of any vacation. Indonesian cuisine, adored by many internationally due to its aromatic spices and herbs. Lembeh provides perfect climates for growing our own spices, such as ginger, turmeric, lemongrass and more. For those who enjoy more of a 'kick' to their dishes, we have available a variety of homemade sambals to add as a condiment to your meals.

(v) vegetarian or can be prepared for vegetarians

spicy let us know how hot you want it

allergies please tell us in advance if you are allergic

special request please let us know at least one day in advance if we should

cook something special which is not on our menu and we will always try our best to accommodate special requests

but we apologize if we can't meet them

For meals outside the full board plan pleas see our last page



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#### BREAKFAST

#### Asian

#### Fried Rice or Noodles (v)

Choice of Chicken, Pork or Fish, Spicy or Non-Spicy

## Soup Noodles (v)

Choice of Chicken, Pork or Fish, Spicy or Non-Spicy

## Classic Rice Porridge (v)

Choice of Chicken or Plain.

#### **Bubur Manado (v)**

Manado Porridge with Pumpkin, Corn, Casava and Vegetables

# "Khao Tom" (v)

Thai Rice Soup with Choice of Chicken, Pork or Fish

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#### BREAKFAST

International

#### American Breakfast

Choice of Two Eggs (any style) Served with Bacon or Chicken Sausage, Bread or French Toast

# English Breakfast (v)

Hash Brownies, Baked Beans, grilled Tomato, Bacon, Eggs and Bread

## Pancakes (v)

Plain or Banana

#### French Toast (v)

Pan Fried Bread Soaked in Eggs & Milk

## Fruit Salad with Yoghurt Bowl (v)

Fresh Fruits, Yoghurt, Granola Muesli, Nuts and a Splash of Honey



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#### OUR SIGNATURES

oder 1 day before, for 2 pax minimum

## Minahasa Nasi Campur for 2 +150,000IDR per Pax

This sampler platter is perfect to sample the best of North Sulawesi's Flavours including "Babi Dalam Daun Pisang, Ikan Woku, Cumi Bakar, Perkedel, Emping Crackers, White Rice, Acar Kuning

## Sate Campur Platter +150,000 per Pax

A platter of grilled squid, fish, pork, chicken served with blanched vegetables ("Gado-Gado"), Fried Tofu & Tempe, Acar Kuning

## Asia Hot Pot +150,000IDR per Pax

A simmering pot of soup stock for a Do-It-Yourself cooking of a selection of thinly sliced meat, vegetables, mushrooms, wontons, egg dumplings, tofu, & seafood.

## Pool Side Barbeque +250,000IDR per Pax

Solitude poolside BBQ with the best selection of seafood & meat. Whether you choose to Do-It-Yourself &/or have one of our staff man the grill, you will experience this BBQ with a selection of local dips & condiments with the food of a coconut husk grill! Who doesn't love a great Barbeque, especially with great company & ambience!



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#### STARTERS

Asian Salad

## Thai Spicy Glass Noodles & Seafood (Yum Woon Sen) (v)

a combination of Citrus, Chili, Cilantro, Fish Sauce in Glass Noodles, and Seafood

## Indonesian Style Mixed Salad (Gado Gado) (v)

blenched assortment of Vegetables with Fried Tempe & Tofu with Peanut Sauce

## Asian Salad (v)

Tomatoes, Beans in a Sweet & Sour dressing

## Crispy Vegetable Spring Rolls (v)

Homemade Asian Spring Rolls Filled with Vegetables & Mushroom

## Seafood or Vegetable Indonesian Fritters (v)

Indonesian style Fritters



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#### STARTERS

International Salad

## Green or Mixed Salad (v)

crunchy fresh leaves with your favorite's dressing

## Tomato Salad (v)

market fresh, chopped Tomatoes

## Avocado Salad (v)

soft sun ripe sliced Avocadoes

# Salad a la Niçoise (v)

with Tuna, Green Beans, hardboiled Eggs, Tomatoes, Olives and Potatoes

#### **Tuna Salad**

with Pickles, Celery, Relish, and Onion

# our Salad Dressings

Honey Mustard, French, Thousand Islands, Vinaigrette, Pineapple Basil, Asian Sesame or Olive Oil with Balsamic Vinegar



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#### STARTERS

Soups

## Cream of Pumpkin, Mushroom or Tomato (v)

served with a slice of bread

# Asian Egg-Drop with Chicken & Mushroom (v)

Chicken Broth with slices of chicken & Mushroom

## Indonesian Chicken Soup (Soto Ayam) (v)

Chicken Broth with local spices & Mushroom

# Spicy Thai Lemongrass (Tom Yum) (v)

Spicy & Sour clear soup with Fish or Prawn

# Thai Coconut Galangal Chicken (Tom Kha Gai) (v)

Spicy & Sour coconut based soup

#### Bakso (v)

Meatballs, Noodles, Chicken Broth



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## MAIN COURSE

Chicken

# Grilled Satay (Sate) (v)

choice of Fish, Chicken, Pork or Tofu, Tempe

## Sweet & Sour Chicken (v)

Chicken slices with Tomatoes & Pineapple

## Grilled Chicken Teriyaki (v)

stir-fried Chicken with a glaze of soy sauce, mirin, and sugar

#### Classic Stir-Fried Chicken with Cashew Nut (v)

Tender chunks of chicken with crispy roasted cashews, vegetables in a light sauce

## Stir-Fried Chicken with Holy Basil (Pad Krapow) (v)

stir-fried Holy basil, Chicken, garlic, chili peppers and typical Thai spices



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# MAIN COURSE

Pork

# "Babi Kecap" (v)

Manado Style Sauteed Pork with Sweet Soy Sauce

## Sweet & Sour Pork (v)

Pork slices with Tomatoes & Pineapple

## "Babi Dalam Daun Pisang" (v)

Manado Style Roasted Pork & Spices Cooked In Banana Leaf

Vegetarian

# Tofu / Tempe Steak

with Peppercorn Sauce

## Eggplant a la Lasagna

Eggplant simmered in the Oven



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## MAIN COURSE

Fish & Seafood

#### Pan Grilled Filet Fish

with herbed Lemon Butter

#### Stir-Fried Seafood

with roasted Chili Paste

# Grilled Mahi Mahi or Tuna Steak

tender grilled sliced fresh steak

# **Grilled Squid (Cumi Bakar)**

sliced Squid with a choice of Sauces: BBO, Garlic or Rosemary

# "Ikan Pepes"

an Indonesian dish of Fish & Fresh Spices cooked In Banana Leaf

#### "Ikan Woku"

Manado Style Fish



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# MAIN COURSE

Rice, Noodles

# Phat Thai (v)

steamed Rice Noodles, Prawns & Tamarind Sauce

# "Mie Hoon / Mie Goreng" (v)

Indonesian Fried Vermicelli / Noodles with Pork or Chicken

# "Nasi Goreng" (v)

Indonesian Fried Rice with Chicken & Sate

## "Khao Phat" (v)

Thai Fried Rice with Seafood, Pork or Chicken

# Crispy Egg Noodles (v)

with Vegetables, Pork or Seafood Gravy

## Gyoza (v)

Japanese Dumpling with Meat, Fish or Vegetarian Filling



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# MAIN COURSE

International

#### Chili Con Carne

Kidney Beans in a spicy Sauce

# Beef / Chicken a la Stroganoff

in Sour Cream Gravy

## **Pork Medallions**

choice of 3 kinds of Sauces: Mushroom, Green Pepper or Lada Hitam

## Cordon Bleu (v)

Chicken or Pork wrapped around a Cheese and Ham filling. (v) with Eggplant

# Spaghetti / Fettuccini (v)

Aglio E Olio (v), Carbonara, Tomato Sauce (v), Bolognese (v)

## Lasagna (v)

layers of Lasagna sheets with Sauce, Meat and Cheese

All Main Options can be Served with a Choice of Rice, French Fries, Boiled Potatoes or Potato Wedges



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## BURGER & SANDWICHES

#### Solitude Club Sandwich (v)

Egg, Chicken Breast, Lettuce, Tomato, Cheese

## Classic BLT Sandwich (v)

Bacon, Lettuce and Tomatoes.

## Classic Omelet Sandwich (v)

Omelet, Lettuce and Tomatoes

#### Indonesian Wrap (v)

filled with Salad, Chicken and Sauce

## Classic Cheese Beef Burger (v)

Served with a choice of Fried Egg, Bacon, Pickled Cucumber, Onion Rings, Avocado Slices, Grilled Pineapple Rings, Garlic Mayonnaise, Mustard, Peppercorn Sauce, Tomato Ketchup, Manado Style Chili Sauce

Served with
French Fries or Potato Wedges



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## DESSERTS

Fresh Seasonal Fruit Platter

Caramel Custard

**Chocolate Mousse** 

**Apple Tart with Warm Custard Sauce** 

Waffle & Peach with Vanilla Ice Cream

Banana Split Ice Cream

**Dragonfruit Cream Cheesecake** 

Choice of Chocolate, Vanilla and Strawberry Ice Cream



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# SNACKS

**French Fries** 

**Potato Wedges** 

**Local Cassava Crackers** 

**Peanuts** 

**Roasted Cashew Nuts** 

**Onion Rings** 

**Corn Fritters** 

**Banana & Pineapple Fritters** 

Pisang & Nanas Goreng

# TEMBAGA RESTAURANT SOLITUDE LEMBEH RESORT Additional food outside our Full Board plan Our Full Board plan starts for you with your dinner on your check-in day and ends with your breakfast on the day you check-out. If you are hungry outside these times, we have to charge you for the meals you want to eat. STARTERS Salads 50,000 IDR Soups 75.000 IDR MAIN COURSE AII 150,000 IDR **Rice & Noodles** 75.000 IDR SNACKS

50.000 IDR

All prices include VAT and Service Charge